



PSHE Curriculum

Intent

At Lydlynch Infant School, we aim to give children a journey of opportunities that develop a love of learning based upon independence, creativity, resilience and being a team player. Although Personal, Social, Health and Economic education (PSHE) is not a statutory subject in itself, we believe that ensuring we teach these areas is fundamental as, without an understanding of ourselves, others and the wider world, it is more challenging to achieve our 'best selves' in the long term. At the Lydlynch Infant School, we follow 'Jigsaw' scheme across the whole school to provide an inclusive PSHE curriculum where pupils can explore six key areas - Being Me in My World, Celebrating Difference, Dreams and Goals, Healthy Me, Relationships and Changing Me. There is a proven link between pupils' health and wellbeing, and their academic progress. We believe teaching these crucial skills and positive attitudes, developed through a comprehensive PSHE curriculum, are critical to ensuring pupils are effective learners. Within PSHE we teach the statutory elements of relationships and sex education (RSE).

Implementation

Our pupils receive weekly lessons alongside developing discussions as topics arise. We use Jigsaw scheme of work which are carefully planned to build on and return to prior learning, skills, knowledge and development over time. Jigsaw is carefully sequenced to cover all aspects of the PSHE and statutory RSE curriculums. The children learn through challenges set by their Jigsaw characters Jennie, Joe, Jack and Jerrie the Cat supporting with calming techniques. In Key Stage 1 the children continue to reinforce the week's learning by celebrating their achievements on PSHE certificates.

Children who need bespoke support may receive this from our Emotional Literacy Support Assistants (ELSAs)

Impact

When pupils leave the schools they will have developed key skills and attributes within our Federation values of independence, creativity, resilience and being a team player.

They will have developed a moral compass to guide them through life and be able to build positive relationships and make valuable contributions to the world around them.

