



Physical Education Curriculum

Intent

At Lydlynch Infant School, we aim to give children a Journey of Opportunities that develop a love of learning based upon independence, creativity, resilience and being a team player. We provide a varied and inclusive PE curriculum which is progressive across EYFS and KS1, linking practical physical skills and encouraging a healthy, active lifestyle both in and out of school. Key elements are developed in Year R, including the development of gross motor skills with the NHS ABC Programme, in order to provide solid foundations for the subsequent years' PE teaching and learning. Additionally, this ensures that children are socially and physically ready to engage in their learning across the curriculum. We value opportunities to provide our children with experiences of competitive sport within school and against other schools and interschool competitions are organised throughout the year.

Implementation

Our curriculum is purposeful and relevant, where children receive at least twice weekly lessons (with one coach led session) alongside opportunities to be active throughout the school day and after school. For example, children have a variety of equipment to use in planned activities at playtime and lunchtime. They also can attend a variety of coach led after school clubs including football, gymnastics and multisport. PE is embedded within each year group's curriculum, ensuring that our children develop subject specific skills, knowledge and understanding as well as making links between topics and their learning in other subjects. For example, in Key Stage 1, children develop dance sequences related to their science learning of seasonal change. Staff receive high quality development opportunities from staff meetings and external coaches to enable them to confidently deliver challenging PE lessons. The PE Leader ensures that some curriculum PE is delivered by qualified coaches, such as tennis, which provides staff with CPD opportunities. Assessment processes ensure that all children are supported and challenged appropriately throughout their PE learning journey. Opportunities, resources, coaching and provision by means of the Sports Premium funding enables to ensure that the curriculum is broad and rich.

Impact

When children leave Lydlynch Infant School, their learning in PE will have developed fundamental movement skills. The children will have accessed a broad range of opportunities to extend their agility, balance and coordination skills as well as opportunities to engage in competitive and co-operative physical activities. During their time at Lydlynch, they will have been taught to master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination and begin to apply these in a range of activities. The children will have participated in team games, performed dances using simple movement patterns, developed gymnastic skills or travelling, shape and balance and also learnt sports such as tennis. Each half term, teachers complete foundation assessments to assess children's progress and attainment in PE. In KS1 and Year R, children will have gained a wider knowledge and understanding of the benefits that come from being active and the enjoyment of sport and PE. This will support positive mental wellbeing and a healthy lifestyle which can be taken in to their future lives.

